

## Quote

Date Sent:	2026-05-13	Prepared for	Laredo Fire Department
Exp. Date:	2026-12-31		Laredo TX
			Member Exams: 430
			Daniella Gonzalez

NAME	PRICE	QTY	SUBTOTAL
Comprehensive Hands On Physical <small>Includes Mandatory Administrative, EMR, and Data Fee with Behavioral Health Assessments</small>	\$640.00	430	\$275,200.00
Labs Only <small>Labs are drawn but a Life Scan Appointment is not attended</small>	\$100.00	0	\$0.00
Cholinestrace	\$96.00	88	\$8,448.00
Heavy Metals	\$96.00	88	\$8,448.00
Apolipoprotein B	\$26.00	430	\$11,180.00
C-Reactive Protein	\$21.00	430	\$9,030.00
On-site Blood Draws	\$34.00	430	\$14,620.00
			<b>\$326,926.00</b>
		<b>Total Per Person</b>	<b>\$326,926.00</b>

**Public Safety Physical Exam (NFPA 1582 Compliant)**

Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Behavioral Health Eval - Epworth Sleep, PCL-5, PHQ-9	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision Exam	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included
<b>Laboratory Tests:</b>	
Comprehensive Metabolic Panel, Blood Chemistry	Included

**Public Safety Physical Exam (NFPA 1582 Compliant)**

Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
Men: PSA (Prostate cancer marker) and Testosterone	Included
Women: CA-125	Included

**Ultrasound Screenings (Early Detection of Heart Disease and Cancer):**

Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Men: Prostate and Testicular Ultrasounds	Included
Women: Ovaries and Uterus Ultrasounds	Included

**Cardiopulmonary Testing & Fitness Eval (NFPA 1583 & IAFF WFI)**

Cardiac Stress Test (Treadmill with 12 lead, sub-maximal)	Included
EKG, 12 Lead	Included
Spirometry, PFT with OSHA Respirator Medical Clearance	Included
Fitness tests for muscular strength & endurance	Included
VO2 Max Calc for Aerobic Capacity	Included
Body Weight and Composition	Included
Personal Fitness Rx	Included