Return to Work Summary Form RTW 260 Day Committee Meeting Date: Employee Meeting Date:

DOB: 08/06/1996 SS#: 4098 DOH: 07/31/2019 Name: Brian A. Siegfried Address: 724 Alborada Dr. Dept. /Position: Police Patrol Officer/ Adjuster: Norma Acosta 180 days: ends on 12/27/2024 260th Day: 08/28/2024 DOI: 11/26/2022 1st extension: pending. On city council agenda for August 5, 2024 Mechanism of Injury: Employee was involved in a struggle. Perpetrator fell on officer's right knee while resisting arrest. **Diagnosis: Contusion of Right knee** Right knee sprain **Anterior Cruciate Ligament Repair Body Part(s):** Right knee **Medications: OTC Treating Physician:** Dr. David H. Cruz / Melissa Gonzalez FNP **Consulting Physician:** Dr. Stephen Bell/ Dr. Carlos Navarro PA Dr. Jason DeFrancis Examination(s): Xray of femur/tibia/fibula: 11/26/2022 Xray of Right knee: 11/26/2022 MRI w/o contrast of Right knee: 11/29/2022 2nd MRI w/o contrast of Right knee: 06/22/2023 MR right knee with contrast: 01/10/2024 Procedure/s/Surgery: 1st surgery: Surgery on for 1/25/2022 2nd surgery: Surgery on 07/25/2023 3rd surgery: Surgeon on 06/07/2024 Injections: Received injection by Dr DEFRANCIS ON 2/22/2024 **CPT**

ICD-10:

M25.561- knee pain Right

S83.261A - Peripheral tear of lateral meniscus

S83.91XA Right knee sprain

M24.10 – Defect of articular cartilage

S80.01XA- Right knee contusion

29888- ACL repair

Prognosis: Fair

Physical therapy:

Sessions Completed at LSM in 2022 after 1st surgery

07/28/2023- Advanced Physical Therapy after 2nd surgery

Pending Therapy after 3rd surgery

Work conditioning: N/A
Work Hardening: N/A

Date of FCE: N/A
FCE results: N/A

DD: N/A

Impairment rating: N/A **IME Date:** N/A

MMI Date: N/A

BRC: N/A CCH: N/A

IRO: N/A

Pending Doctor's appointment (s):

Name: Dr. Jason DeFrancis - Date: 06/20/2024

Name: EHW Dr. David H. Cruz/ Melissa Gonzalez FNP Date: 06/13/2024

Treatment Concerns: Pending outcomes.

Future Treatment Plan: Surgery done. Pending to start Physical Therapy.

Annual Leave:

Sick Leave:

RTW Compliance: Yes

Notes:

Employee was involved in a struggle. X-rays, 2 MRIs & 1 MR w/contrast were done. Employee has seen two specialists. Employee chose Dr. Stephen Bell as his first Ortho specialist. He underwent 2 surgeries with Dr. Stephen Bell but continued with Right knee issues/pain. He decided to change Ortho specialist to Jason DeFrancis. He had steroid injections with Dr. Jason DeFrancis which did not have a prolonged effect. Outcome was unfavorable on all three procedures. 3rd Surgery done on 06/07/2024. Follow-up on 06/13/2024 with Dr. David Cruz. Follow-up on 06/20/2024 with Dr. Jason DeFrancis.

- ESI 02/22/2024

-1st surgery: 1/25/2022

- 2nd surgery: 07/25/2023

3 rd surgery: 06/07/2024

- -MRIs w/o contrast: 11/29/2022; 06/22/2023
- -MR of right knee with contrast 01/10/2024
- 260th day: 08/28/2024
- 1st extension pending. Will be discussed on August 5, 2024 Council Meeting.