

2025-R-308

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF LAREDO, TEXAS, AUTHORIZING THE CITY MANAGER TO SUBMIT A LETTER OF INTENT TO THE ARDMORE INSTITUTE OF HEALTH FOR THE LAREDO LIFESTYLE MEDICINE CONSORTIUM PROGRAM GRANT, IN THE TOTAL AMOUNT OF UP TO \$100,000.00 WITH NO MATCH FOR THE CITY OF LAREDO PUBLIC HEALTH DEPARTMENT FOR THE YEAR 2026; AND FURTHER AUTHORIZING THE CITY MANAGER TO EXECUTE ALL DOCUMENTS NECESSARY FOR THE APPLICATION OF THE GRANT.

WHEREAS, The City of Laredo Public Health Department wishes to submit a Letter of Intent to the Ardmore Institute of Health for the Laredo Lifestyle Medicine Consortium Program. This initiative aims to create healthy environments and lifestyles that provide equitable and effective methods to prevent, treat, and reverse chronic diseases. Through this opportunity the City of Laredo Public Health Department seeks to help transform the way people are cared by establishing Lifestyle Medicine and Whole Person Care as integral components of the healthcare delivery system.

NOW, THEREFORE BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF LAREDO THAT:

Section 1: The City Manager is hereby authorized to submit a letter of intent to the Ardmore Institute of Health for the Laredo Lifestyle Medicine Consortium Program Grant, in the total amount of up to \$100,000.00 with no match for the City of Laredo Public Health Department for the year 2026; and further authorizing the City Manager to execute all documents necessary for the application of the grant.

Section 2: Funds will be appropriated once awarded.

PASSED BY THE CITY COUNCIL AND APPROVED BY THE MAYOR ON THIS _____ DAY OF _____, 2026.

**DR. VICTOR D. TREVINO
MAYOR**

ATTEST:

MARIO I. MALDONADO JR.
CITY SECRETARY

APPROVED AS TO FORM
DOANH T. NGUYEN, CITY ATTORNEY

AMBER R. HOLMES
ASSISTANT CITY ATTORNEY